

BLUEVALE ACTIVITIES WEEKLY TIMETABLE

By Bluevale Community Club & Partners

Monday

- R 10:30am 12:30pm
 Parent & Toddlers
- R 10:30am 11:30am
 Tai Chi
- R 12:00pm 1:00pm
 Tai Chi
- B 11:00am 2:00pm Recovery Cafe
- B 4:00pm 5:30pm Kids Club (5-10yrs)
- **5:30pm 7:30pm**DK Dance (4yrs+)
- 6:00pm 8:00pm
 Boxing (10yrs+)
- B 6:00pm 8:00pm Youth Club (11yrs+)

Tuesday

- BF 10:00am 11:00am
 Recovery Boxing
- R 12:00pm 2:00pm Prize Bingo + Games
- R 3:00pm 4:30pm After School Club (5-12yrs)
- R **3:30pm 4:30pm**Kids Arts & Crafts
- w 5:00pm 6:00pm Community Football (5-15yrs)
- R 5:30pm 7:00pm Ready Steady Cook
- R 7:15pm 9:30pm Connect Choir

Wednesday

- R 11:00am 12:30pm
 Parent & Toddlers
- R 12:15pm 1:30pm Sound Bath Meditation
- B 1:00pm 3:00pm Still Gem - Line Dancing
- 4:00pm 5:00pm

 Mini Jabberz Boxing
 (2015s-2013s) (Begginers)
- **5:30pm 8:00pm** Kids Club (5-10yrs)
- 6:00pm 8:00pm Menopause Group
- 6:00pm 8:00pm
 Boxing (10yrs+)

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- BF Bluevale Fitness
 1 Finlay Drive
- Bluevale Hall 30 Abernethy Street
- Reidvale Hall
 13 Whitevale Street
- Whitehill Pitch
 Whitehill Secondary
 School

REST OF WEEK ON NEXT PAGE

ACTIVITIES, DAYS, TIMES & LOCATIONS SUBJECT TO CHANGE

AUTUMN 2024



BLUEVALE ACTIVITIES WEEKLYTMETABLE

By Bluevale Community Club



Thursday

- R 10:00am 3:00pm Well-being Group
- R 11:00am 1:00pm Moving On Group
- 2:00pm 5:00pm **Knitting Group**
- 3:30pm 4:30pm Kids Fun With Fashion
- 4:00pm 5:30pm Kids Club (5-10yrs)
- 6:00pm 8:00pm Youth Club (12yrs+) **AUTUMN**

Friday

- BF 10:00am 11:00am **Recovery Boxing**
- 12:00pm 3:00pm ASN Disco (18yrs+)
- 4:00pm 5:30pm Kids Club (5-10yrs)
- 6:00pm 8:00pm Youth Club (11yrs+)
- 6:00pm 8:00pm Boxing (10yrs+)
- 5:00pm 8:00pm **Cold Water Therapy** & Meditation

Saturday

11:00am - 12:00pm Play Together On Pedals (3-6yrs)

Sunday

6:00pm - 8:00pm Line Dancing

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- **Bluevale Fitness** 1 Finlay Drive
- **Bluevale Hall 30 Abernethy Street**
- Reidvale Hall 13 Whitevale Street
- **Whitehill Pitch Whitehill Secondary School**

REWIND CAFE

Mon: 9am until 3pm Tue: 9am until 3pm Wed: 9am until 3pm Thu: 9am until 3pm Fri: 9am until 3pm Sat: 8am until 2pm Sun: 9am until 3pm

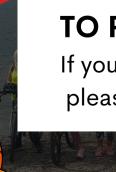
ACTIVITIES, DAYS, TIMES & LOCATIONS SUBJECT TO CHANGE

FOR INFO ON OUR GYM **PLEASE GO TO:**

WWW.BLUEVALE.CC/FITNESS

TO REGISTER/BOOK ACTIVITIES:

If you'd like to book/register for an activity please send an email to liam@bluevale.cc



2024