



BLUEVALE ACTIVITIES WEEKLY TIMETABLE



By Bluevale Community Club & Partners

Monday

- R** 10:30am - 12:30pm
Parent & Toddlers
- R** 10:30am - 11:30am
Tai Chi
- R** 12:00pm - 1:00pm
Tai Chi
- B** 11:00am - 2:00pm
Recovery Cafe
- B** 4:00pm - 5:30pm
Kids Club (5-10yrs)
- R** 5:30pm - 7:30pm
DK Dance (4yrs+)
- BF** 6:00pm - 8:00pm
Boxing (10yrs+)
- B** 6:00pm - 8:00pm
Youth Club (11yrs+)

Tuesday

- BF** 10:00am - 11:00am
Recovery Boxing
- R** 12:00pm - 2:00pm
Prize Bingo + Games
- R** 3:00pm - 4:30pm
After School Club (5-12yrs)
- R** 3:30pm - 4:30pm
Kids Arts & Crafts
- W** 5:00pm - 6:00pm
Community Football
(5-15yrs)
- R** 5:30pm - 7:00pm
Ready Steady Cook
- R** 7:15pm - 9:30pm
Connect Choir

Wednesday

- R** 11:00am - 12:30pm
Parent & Toddlers
- R** 12:15pm - 1:30pm
Sound Bath Meditation
- B** 1:00pm - 3:00pm
Still Gem - Line Dancing
- BF** 4:00pm - 5:00pm
Mini Jabberz Boxing
(2015s-2013s) (Begginers)
- R** 5:30pm - 8:00pm
Kids Club
(5-10yrs)
- R** 6:00pm - 8:00pm
Menopause Group
- BF** 6:00pm - 8:00pm
Boxing (10yrs+)

INDEX

- BF** Bluevale Fitness
1 Finlay Drive
- B** Bluevale Hall
30 Abernethy Street
- R** Reidvale Hall
13 Whitevale Street
- W** Whitehill Pitch
Whitehill Secondary
School

**REST OF WEEK
ON NEXT PAGE**

**ACTIVITIES, DAYS,
TIMES & LOCATIONS
SUBJECT TO CHANGE**

**AUTUMN
2024**





BLUEVALE ACTIVITIES WEEKLY TIMETABLE



By Bluevale Community Club

Thursday

- R** 10:00am - 3:00pm
Well-being Group
- R** 11:00am - 1:00pm
Moving On Group
- R** 2:00pm - 5:00pm
Knitting Group
- R** 3:30pm - 4:30pm
Kids Fun With Fashion
- B** 4:00pm - 5:30pm
Kids Club (5-10yrs)
- R** 6:00pm - 8:00pm
Youth Club (12yrs+)

Friday

- BF** 10:00am - 11:00am
Recovery Boxing
- R** 12:00pm - 3:00pm
ASN Disco (18yrs+)
- B** 4:00pm - 5:30pm
Kids Club (5-10yrs)
- B** 6:00pm - 8:00pm
Youth Club (11yrs+)
- BF** 6:00pm - 8:00pm
Boxing (10yrs+)
- R** 5:00pm - 8:00pm
Cold Water Therapy
& Meditation

Saturday

- B** 11:00am - 12:00pm
Play Together On Pedals
(3-6yrs)

Sunday

- R** 6:00pm - 8:00pm
Line Dancing

INDEX

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School

REWIND CAFE

Mon: 9am until 3pm
Tue: 9am until 3pm
Wed: 9am until 3pm
Thu: 9am until 3pm
Fri: 9am until 3pm
Sat: 8am until 2pm
Sun: 9am until 3pm

**ACTIVITIES, DAYS,
TIMES & LOCATIONS
SUBJECT TO CHANGE**

**FOR INFO ON OUR GYM
PLEASE GO TO:**

WWW.BLUEVALE.CC/FITNESS

TO REGISTER/BOOK ACTIVITIES:

If you'd like to book/register for an activity
please send an email to liam@bluevale.cc

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2024**